

SHAPE America

health.moves.minds.



LET

Kindness

GUIDE YOU





Spot and Let Kindness Guide You Challenge

School-Wide Implementation Guide

- 1 Print several of the Let Kindness Guide You logos from the previous page (easily prints on an 11" x 8.5" sheet of paper).
- 2 Hide or place them in random locations throughout the school building.
- 3 When students "spot" the logo it should remind or prompt them to do something kind.
- 4 Challenge students to find all of the hidden Let Kindness Guide You logos throughout the school!

#healthmovesminds

#worldkindnessday